



*"It is better to do any work out of happiness instead of working for happiness."*  
 - MAHA GURU ATMA NAMBI



**JANUARY**



**2023**

Mon Tue Wed Thu Fri Sat Sun

30 31 1  
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 9 10 11 12 13 14 15  
 16 17 18 19 20 21 22  
 23 24 25 26 27 28 29

**A JOURNEY  
 THROUGH  
 TRIBAL LIFE**

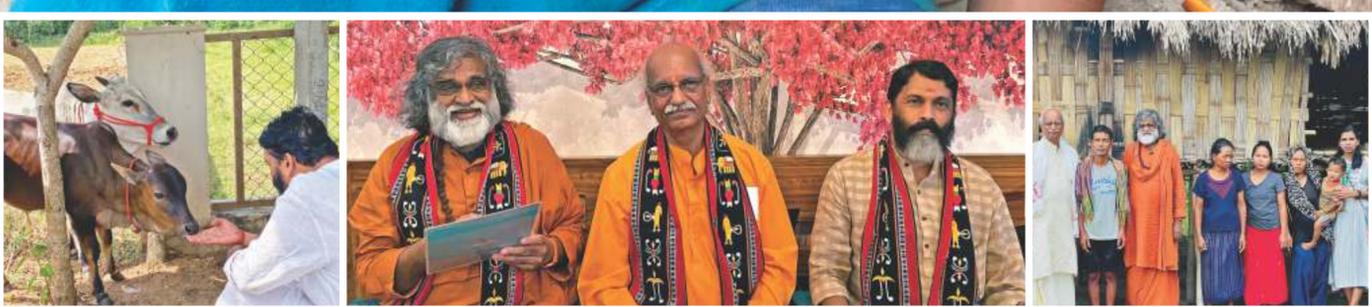
Captured by :  
 Subash T S, Dr. Sathesh Kumar, Delip Agarwal New Delhi  
 Nikith Krishna & Ofte Jania Elthius



Administrative Office:  
 Palakkad - 678 013, Kerala, India.  
 mail@hrdsindia.org



*"If a person is free from unnecessary thoughts,  
he or she can work best in a relaxed state."*  
- MAHA GURU ATMA NAMBI



**FEBRUARY**



**2023**

Mon	Tue	Wed	Thu	Fri	Sat	Sun
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27	28					

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THROUGH  
TRIBAL LIFE**

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*"Intelligence is a state where you are neither worried about the past nor about the future."*

- MAHA GURU ATMA NAMBI



**MARCH**



**2023**

Mon	Tue	Wed	Thu	Fri	Sat	Sun
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27	28	29	30	31		

**A JOURNEY THROUGH TRIBAL LIFE**



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*"Forgiveness happens when you begin to see from other's eyes."*

- MAHA GURU ATMA NAMBI



APRIL



2023

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*"Obstacles are like lighthouses, they show you paths and efforts."*  
 - MAHA GURU ATMA NAMBI



**MAY**



**2023**

Mon Tue Wed Thu Fri Sat Sun

1 2 3 4 5 6 7  
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 15 16 17 18 19 20 21  
 22 23 24 25 26 27 28  
 29 30 31

HRDS INDIA  
 Foundation Day

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*"When the respect of life happens,  
there is no space for violence."*  
- MAHA GURU ATMA NAMBI



**JUNE**



**2023**

Mon Tue Wed Thu Fri Sat Sun

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INDIA**

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**A JOURNEY  
THROUGH  
TRIBAL LIFE**

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*"The relation is possible when the good qualities in others is given priority."*  
- MAHA GURU ATMA NAMBI



**JULY**



**2023**

Mon Tue Wed Thu Fri Sat Sun

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17 18 19 20 21 22 23

24 25 26 27 28 29 30

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*"The help done to others is never wasted.  
one day, you will definitely be benefitted by it."*  
- MAHA GURU ATMA NAMBI



**AUGUST**



**2023**

Mon Tue Wed Thu Fri Sat Sun

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 14 15 16 17 18 19 20  
 21 22 23 24 25 26 27  
 28 29 30 31

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*"Development depends on how much we welcome changes."*  
- MAHA GURU ATMA NAMBI



**SEPTEMBER**



**2023**

Mon Tue Wed Thu Fri Sat Sun

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18 19 20 21 22 23 24  
25 26 27 28 29 30

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*"When everyone realizes that each person lives in his uniqueness, there is peace and joy."*  
 - MAHA GURU ATMA NAMBI



**OCTOBER**



**2023**

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*"Troubles are instruments that sharpen the person's intelligence and maturity."*  
 - MAHA GURU ATMA NAMBI



**NOVEMBER**



**2023**

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27	28	29	30			

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*"We believe cleaning environment is important,  
but we fail to clean our mind."*

- MAHA GURU ATMA NAMBI



**DECEMBER**



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